

real food^{WITH} Sarah

EASY EVERYDAY RECIPES

PRODUCE

- Yellow onion - 2 count
- Carrots - 4 count
- Celery - 4 stalks
- Garlic - 6 cloves
- Fresh sage leaves - 1 sprig
- Fresh thyme - 2 sprigs
- Fresh rosemary - 2 sprigs
- Sun-Dried Tomatoes - 0.33 cups
- Baby Spinach - 3 cups
- Zucchini - 1 each
- Spinach - 5 ounces
- Cranberries - 2 cups
- Orange - 1 large
- Shallot - 1 count

MEAT/ PROTEIN

- Shredded leftover cooked turkey - 3 cups
- Chicken Breasts - 1 pound
- Pancetta - 4 ounces
- Bone-in Skin-on Chicken Thighs - 4 count
- Ground Beef - 1 pound

DAIRY/ EGGS

- Butter - 3 tbsp
- Egg - 2 count
- Coconut Milk - 1.5 cups
- Parmesan Cheese - 0.58 cups
- Whole Milk Ricotta - 15 ounces
- Shredded Mozzarella - 2 cups

PANTRY

- Extra virgin olive oil - 8 tbsp
- Flour - 0.33 cups
- Salt - 3 tsp
- Chicken broth - 2 cups
- Diced tomatoes - 28 ounces
- Vegetable broth - 3 cups
- Honey - 3 tbsp
- Balsamic vinegar - 3 tbsp
- Black pepper - 3 tsp
- Red Pepper Flakes - 1 tsp
- Italian Seasoning - 2 tsp
- Cinnamon - 0.5 tsp
- White Wine - 0.25 cups

BREAD/STARCH/PASTA

- Jumbo Shell Pasta - 1 pound
- Cooked White Rice - 1 cup
- Orzo - 0.75 cups
- Puff pastry sheet - 1 count